

POST GRADUATE CERTIFICATE IN COACHING AND MENTORING

Pre-enrolment course reading

Garvey, B, Stokes, P. & Megginson, D. (2021). *Coaching and Mentoring: Theory and Practice*

(4th edition). Sage

Starr J. (2021). *The Mentoring Manual: Your step by step guide to being a better mentor.* (2nd edition). Pearson Education Ltd.

Starr, J. (2021). *The Coaching Manual*, (5th edition). Pearson Education Ltd

Van Nieuwerburgh, C. (2020). *An Introduction to Coaching Skills, A Practical Guide* (3rd edition). Sage.

Whitmore, J. (2017). *Coaching for Performance: Growing human potential and purpose – the principles and practice of coaching and leadership* (5th ed). Nicholas Brealey.

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