



Adventure Education and Outdoor Learning

Minimum essential personal fieldwork kit that you will need

- ✓ **a positive attitude**
- ✓ a sleeping bag – **used in the first week**
- ✓ waterproof jacket (with hood) and waterproof over-trousers (ideally with side zip)
- ✓ walking boots – with ankle support and heavy-duty tread
- ✓ rucksack - capacity 35 – 50 litres
- ✓ an orange survival bag – [click here](#)
- ✓ a pair of wetsuit boots or shoes
- ✓ thermals base-layers and a fleece
- ✓ warm hat and gloves
- ✓ a waterproof watch
- ✓ a headtorch e.g. [click here](#)
- ✓ a notebook (ideally waterproof)
- ✓ a steel drinks flask
- ✓ a lunch box
- ✓ one outdoor course Polo Shirt or Hoodie to purchase click [polo shirt order click here](#) [feel free to buy more if you wish!]



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Please note:

These items DO NOT need to be

- expensive OR
- the top technical specification – if in doubt seek advice.

Useful retailers

Go Outdoors [click here](#)

- great for value [baselayers](#) & [fleeces](#)

Cotswold Outdoor [click here](#)

- good advice, good range, good prices ... DofE discounts
 - e.g. [sleeping bags](#), [waterproof coat](#), [walking boots](#)

All specialist technical and safety equipment for watersports and mountaineering is available to use in teaching sessions and borrow for your own adventures in your spare time.

- * It is NOT essential to have your own, although you are welcome to bring your own.
- * Storage space for student equipment [boats, surfboards etc.] is not automatically available.
- * We do have excellent drying facilities
- * IMPORTANT NOTE – you are not allowed to have **knives or axes** in your rooms if you have university accommodation – there are lockers available for storage on campus.