



Adventure Education and Outdoor Learning

BA (Hons) Outdoor Adventure Education

- Welcome to Marjon – for general information about starting at university click [new students](#)
- For this programme please read carefully the details below
- For informal conversations and to meet others join us on Facebook in your own private group Marjon OAE 22-25 [click here](#)
- We look forward to meeting and working on your adventures with you 😊

In your first semester, you will be on fieldwork in outdoor and indoor environments, including Dartmoor, Plymouth, beaches, rivers, and woodland as well as indoor climbing walls, swimming pools, and use of sports halls and science labs. Activities will include walking, kayaking, climbing, canoeing and a range of outdoor visits.

Please remember to pack appropriate equipment.

Fiona, George, Mark, Millie, and Hamish

Essential reading before you arrive! [try your local library]

This is a degree, and we would like you to start **reading** for it 😊

a) [TA Loeffler ~ More than a Mountain](#)

Loeffler, T. A. (2008). *More than a Mountain: One's Woman's Everest*. Creative Book Pub.

b) [Wallace Nichols ~ Blue Mind](#)

Nichols, W. J. (2014). *Blue mind: The surprising science that shows how being near, in, on, or under water can make you happier, healthier, more connected, and better at what you do*. Little, Brown.

c) [Chris Packham & Megan McCubbin ~ Back to Nature: How to Love Life – and Save It](#)

Packham, C. & McCubbin, M. (2021). *Back to Nature: How to Love Life – and Save It*. John Murray (Publishers).

d) [Gwen Moffat ~ Space below my feet](#)

Moffat, G. (2001). *Space below my feet*. Sigma Press. A classic mountaineering memoir

Essential reading – BUY THESE when/if you can – click the titles -

Beames, S., Higgins, P., & Nicol, R. (2012). [Learning outside the classroom: Theory and guidelines for practice](#). Routledge.



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Beames, S., & Brown, M. (2016). *Adventurous learning: A pedagogy for a changing world*. Routledge.

Wattchow, B., & Brown, M. (2011). *A pedagogy of place: Outdoor education for a changing world*. Monash University Publishing. Read online [here](#)

Minimum essential personal fieldwork kit that you will need

- ✓ a **positive attitude**
- ✓ a sleeping bag – **used in the first week**
- ✓ waterproof jacket (with hood) and waterproof over-trousers (ideally with side zip)
- ✓ walking boots – with ankle support and heavy-duty tread
- ✓ rucksack - capacity 35 – 50 litres
- ✓ an orange survival bag – [click here](#)
- ✓ a pair of wetsuit boots or shoes
- ✓ thermals base-layers and a fleece
- ✓ warm hat and gloves
- ✓ a waterproof watch
- ✓ a headtorch e.g. [click here](#)
- ✓ a notebook (ideally waterproof)
- ✓ a steel drinks flask
- ✓ a lunch box
- ✓ one outdoor course Polo Shirt or Hoodie to purchase [click here](#) [feel free to buy more if you wish!]

Please note:

These items DO NOT need to be

- expensive OR
- the top technical specification – if in doubt seek advice.

Useful retailers

Go Outdoors [click here](#)

- great for value [baselayers](#) & [fleeces](#)

Cotswold Outdoor [click here](#)

- good advice, good range, good prices ... DofE discounts
 - e.g. [sleeping bags](#), [waterproof coat](#), [walking boots](#)

All specialist technical and safety equipment for watersports and mountaineering is available to use in teaching sessions and borrow for your own adventures in your spare time.

- * It is NOT essential to have your own, although you are welcome to bring your own.
- * Storage space for student equipment [boats, surfboards etc.] is not automatically available.
- * We do have excellent drying facilities
- * IMPORTANT NOTE – you are not allowed to have **knives or axes** in your rooms if you have university accommodation – there are lockers available for storage on campus.