**Reading List for BA (Hons) Physical Education and**

**BA (Hons) Physical Education with Dance Students**

**Please also find this list on KeyLinks** [**https://marjon.keylinks.org/#/list/934**](https://marjon.keylinks.org/#/list/934)

# Books to help you with academic skills:

Burns, T., & Sinfield, S. (2016). *Essential study Skills: The complete guide to success at University* (4th ed.). Sage.

Cottrell, S. (2015). *Skills for success: Personal development and employability* (3rd ed.). Palgrave Macmillan.

Godfrey, J. (2013). *The student phrasebook: Vocabulary for writing at university*. Palgrave Macmillan.

Harrison, M., Jakeman, V., & Paterson, K. (2016). *Improve your grammar: The essential guide to accurate writing* (2nd ed.). Palgrave Macmillan.

# Books to help you develop your subject specific knowledge and understanding:

**Physical Education Specific**

# Armour, K. (2011). Sport Pedagogy: An Introduction for Teaching and Coaching (1st ed.). Routledge.

# Fletcher, T., Chróinín, D.N, Gleddie, D. & Beni, S. (2021). *Meaningful Physical Education* *An Approach for Teaching and Learning.* Routledge.

Griggs, G and V. Randall (2022) *An Introduction to Primary Physical Education* (2nd Edition) London: Routledge

Harris, J. & Cale. L. (2019). *Promoting Active Lifestyles in Schools*. Human Kinetics.

Stidder, G. (2015). *Becoming a Physical Education Teacher* (1st ed.). Routledge.

**Dance Specific:**

Buckroyd, J. (2000). *The Student Dancer: Emotional Aspects of Teaching and Learning Dance.* Dance Books  
  
Legg, J. (2011) *Introduction to Modern Dance Techniques: Cunningham, Dunham, Graham, Hawkins, Horton, Humprey, Limon, Nikolais/Louis, Taylor.* Princeton Book CompanyPallant, C. (2006) *Contact Improvisiation: An Introduction to a Vitalizing Dance Form.* McFarland and Co. Inc.  
Spatz, B. (2015) *What a Body Can Do: Technique as Knowledge, Practice as Research.* Routledge