**MSc Psychology for Leadership**

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Tayo Rockson: <https://tayorockson.com/media-podcast>

Psych Crunch: <https://digest.bps.org.uk/podcast/>

**TED Talks**

De Botton, A. (2009) A kinder, gentler, philosophy of success; <https://www.ted.com/talks/alain_de_botton_a_kinder_gentler_philosophy_of_success?referrer=playlist-talks_for_when_you_feel_like_y#t-18792>

McGonigal, K. (2013) How to make stress your friend; <https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend>

Seligman, M. (2004). The new era of positive psychology; <https://www.ted.com/talks/martin_seligman_the_new_era_of_positive_psychology>

Sinek, S. (2009) How great leaders inspire action: <https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action?referrer=playlist-tips_for_inclusive_leadership&autoplay=true>

Williams, S. (2021) The Riggest test of leadership: https://www.ted.com/talks/sophie\_williams\_the\_rigged\_test\_of\_leadership

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**You tube channels and other**

Paul Penn : Psychology of Effective Studying: <https://www.youtube.com/channel/UC2A0ShD0Ed_p-dgMorby97w>

Alex Haslam: The New Psychology of Leadership:<https://www.youtube.com/watch?v=nwcf_E9pUUA>

Ella Rhodes: The Psychologist Guide to Leadership: <https://thepsychologist.bps.org.uk/volume-29/june/guide-toleadership>