Introduction to YCWC02

Effective communication with young people is a skill that requires a lot of skill and effort. Learning about communication will make us more effective in our role as youth and community workers.

This exercise is designed to start you thinking about element of good communication. In this instance, conversation.

Watch this video:

<https://www.ted.com/talks/celeste_headlee_10_ways_to_have_a_better_conversation#t-691933>

1. In what way does this presentation relate to communicating with young people?

2. Are you a skilled communicator? Reflect on the 10 points in relation to your own communication skill.

Some questions to help with this might be:

Which points am I good at? How do I know I am good at them?

Which points could I be better at? How might I start doing that?

Do you agree with what she says?

3. What are the barriers to communicating with young people?

If you would like to email me your answers, I would love to read them. My email is rreynolds@marjon.ac.uk